

# THINGS I CAN CONTROL

COVID-19

WASHING MY HANDS



MY WORDS TO MY FAMILY



HOW MUCH EFFORT I GIVE



SHOWING MY LOVE TO OTHERS

MY BEHAVIOUR TOWARDS OTHERS



LOOKING AFTER MY BODY AND MIND



MY THOUGHTS



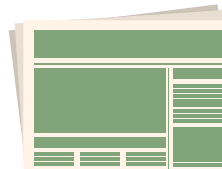
FOLLOWING THE RULES AND STAYING SAFE



PEOPLE GETTING SICK



THE NEWS



THE CORONAVIRUS



NOT BEING ABLE TO SEE MY FRIENDS



SCHOOLS CLOSING



OTHER PEOPLE'S BEHAVIOUR



# THINGS I CAN'T CONTROL